



The Parent Academy Courses

2016-2017



<p>Maintaining a Healthy Lifestyle Series Includes host feeder pattern school, workshops, resource fairs, family activities, incentives and culminating events</p>
<p>Beating the Stress in Our Lives <i>Stress Management Strategies that Work</i></p>
<p>Choosing A Healthy Lifestyle <i>Tips for Better Fitness and Nutrition</i></p>
<p>Greening and Gardening in Our Environment</p>
<p>Dancing Your Way to a Healthy Life <i>A Participative Experience for Parents and Children</i></p>
<p>Kid Care Enrollment <i>How to Enroll your Children in the State insurance Program</i></p>
<p>Home-School Connections</p>
<p>Connect with M-DCPS <i>Learn how to effectively navigate the school system</i></p>
<p>Raising a Bilingual Child <i>A Guide to Raising a Bilingual Child</i></p>
<p>PASSport to Success Series <i>Stairways to Greater Family Involvement</i></p>
<p>Community Café</p>
<p>Little-Known Secrets of Paying for College <i>In partnership with the College Funding Coach</i></p>
<p>The Parent Portal <i>Monitor Your Child's Progress and Access Online Resources on the M-DCPS Website</i></p>
<p>Families Building Better Readers <i>How to Share the Joy of Reading with your Child</i></p>
<p>It All Adds Up! <i>How Parents Can Help Strengthen their Child's Math Skills</i></p>
<p>Less Stressed About Tests <i>How to Help your Child Succeed on Standardized Tests</i></p>
<p>Moving Up and Ahead <i>Facilitating your Child's Transition to Kg, Middle, or High School</i></p>
<p>Parents Rights and Responsibilities <i>How to Make a Difference in Your Child's Education</i></p>
<p>Ready for School Every Day <i>Homework Tips and Attendance Policies</i></p>
<p>Surviving the Science Project <i>How to Assist Your Child</i></p>
<p>The Florida Standards Assessment <i>An Overview of the Academic Standards</i></p>
<p>Understanding the SAT</p>
<p>Preparing for Parent-Teacher Conferences</p>
<p>FAFSA/Financial Aid Parent Workshops 2016-2017 FAFSA Application Support</p>
<p>Summer Learning <i>Summer Reading and Other Fun Activities</i></p>

<p>Parents for Peace Provides parents with best practices on preventing youth and community violence</p>
<p>Parenting for Violence Prevention <i>Teaching Your Child Nonviolent Social and Problem-Solving Skills</i></p>
<p>Parenting to Prevent Bullying <i>How Parents Can Protect their Children from Bullying</i></p>
<p>Positive Discipline with ENCHOR Series <i>Encouragement, Consequences, Honor and Respect</i></p>
<p>Resolving Family Conflicts Series <i>Peace Rules, Effective Communication and Simple Mediation</i></p>
<p>Your Child's Emotional Health <i>Factors, Signals and How to Get Help</i></p>
<p>Technology and the Modern Family <i>The Dangers and Advantages of Social Media</i></p>
<p>Parenting in the New Millennium</p>
<p>Building Effective Communication <i>Approaching conflicts with the aim to understand, resolve and respond</i></p>
<p>Planning for College and Career <i>Choices, Requirements and Financial Aid Application</i></p>
<p>School Choice and Parental Options <i>Addressing your Child's Needs, Talents and Interests</i></p>
<p>Your Child's Amazing Brain <i>How Parents and Caregivers Nurture Healthy Brain Development</i></p>
<p>Pathway to Family Enhancement</p>
<p>Developing Your Child's Cultural Literacy <i>An Exploration of Multicultural Resources in the Community</i></p>
<p>Preparing for the Job You Want <i>Search for a Job, Build a Winning Resume and Prepare to Interview</i></p>
<p>Parental Involvement and Online Resources</p>
<p>American Sign Language <i>Learning to Communicate with Hand Gestures</i></p>
<p>Financial Stability <i>Effective Strategies to Reach Your Financial Goals</i></p>
<p>Community Outreach / Resource Fairs</p>
<p>The Parent Academy Neighborhood Resource Center @ Parkway Educational Complex</p>
<p>Basic Computer Skills</p>
<p>Parent Internet Café</p>
<p>Career Planning</p>

The Parent Academy of Miami-Dade County Public Schools is a family resource designed for parents, caregivers and community members

All courses are FREE and offered throughout the county